I claim:

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1. A bowling ball retention device for retaining a bowling ball from rolling comprising:

a sheet of material having a thickness "t" and including a top surface and a bottom surface,

said sheet having a plurality of through-holes each having an opening,

whereby the diameter of the opening of the through-holes is a function of the thickness of the sheet material according the equation;

$$D = 2 \sqrt{(2 t R - t^2)}$$

wherein D is equal to the diameter of the opening in the through-hole, "t" is equal to said thickness of the sheet material and R is equal to the radius of the bowling ball.

- 2. The bowling ball retention device of claim 1, wherein said sheet of material comprises wood.
- 3. The bowling ball retention device of claim 1, wherein said sheet of material comprises plastic.
- 4. The bowling ball retention device of claim 3, wherein said sheet of material comprises a foamed plastic.
 - 5. The bowling ball retention device of claim 1, wherein the thickness of said sheet of material is between and including 0.125 inches to 1.000 inches.
- 25 6. The bowling ball retention device of claim 1, wherein the holes are spaced apart on center by a distance of about 8.60 inches to 10.50 inches.

- 7. The bowling ball retention device of claim 6, wherein the plurality of throughholes are located on center from one another by about 9.25 inches to about 9.50 inches.
- 8. The bowling ball retention device of claim 1, wherein top and bottom surfaces of the sheet of material includes logos and embossments.

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- 9. The bowling ball retention device of claim 1, wherein a layer of material is attached to the bottom surface of said sheet of material to cover said through-holes.
- 10. A method for retaining a ball from rolling comprising;

 providing a sheet of material having a thickness "t" and including a top surface and a bottom surface,

said sheet having a plurality of through-holes each having an opening,
whereby the diameter of the opening of the through-holes is a function of the
thickness of the sheet material according the equation;

$$D = 2 \sqrt{(2 t R - t^2)}$$

wherein D is equal to the diameter of the opening in the through-hole, "t" is equal to said thickness of the sheet material and R is equal to the radius of the bowling ball.

- 11. The method of claim 10 wherein the step of providing a sheet of material is followed by the steps of providing a ball and placing said ball in said opening.
- The method of claim11 wherein the ball weighs between about 6 pounds and about 16 pounds.